

APRIL 2017

ACS Elementary Breakfast Grade K-5 \$1.10

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

April is named for the Greek goddess of love, Aphrodite. The name for the month of April originally came for Aprilis which means to open. The name Aprilis is very appropriate because in so many places the trees and flowers begin to bloom and go on to flower during the month of April.

3
Choose 1
Warm Doughnuts
or
Cereal (1 or 2)

Choices
Milk
100% Fruit Juice
Fresh Fruit

4
Choose 1
Scrambled Eggs w/ Toast
or
Cereal (1 or 2)

Choices
Milk
100% Fruit Juice
Fresh Fruit

5
Choose 1
Waffle Wednesday
or
Cereal (1 or 2)

Choices
Milk
100% Fruit Juice
Fresh Fruit

6
Choose 1
Breakfast Pizza
or
Cereal (1 or 2)

Choices
Milk
100% Fruit Juice
Fresh Fruit

7
Choose 1
Breakfast Buffet
or
Cereal (1 or 2)

Choices
Milk
100% Fruit Juice
Fresh Fruit

10
Spring Break
No School

11
Spring Break
No School

12
Spring Break
No School

13
Spring Break
No School

14
Spring Break
No School

17
Spring Break
No School

18
Choose 1
Variety Poptarts
or
Cereal (1 or 2)

Choices
Milk
100% Fruit Juice
Fresh Fruit

19
Choose 1
Omelett w/ Toast
or
Cereal (1 or 2)

Choices
Milk
100% Fruit Juice
Fresh Fruit

20
Choose 1
French Toast Sticks w/ Syrup
or
Cereal (1 or 2)

Choices
Milk
100% Fruit Juice
Fresh Fruit

21
Choose 1
Yogurt Cup
or
Cereal (1 or 2)

Choices
Milk
100% Fruit Juice
Fresh Fruit

24
Choose 1
Super Doughnut
or
Cereal (1 or 2)

Choices
Milk
100% Fruit Juice
Fresh Fruit

25
Choose 1
Make Your Own Oatmeal Bar
or
Cereal (1 or 2)

Choices
Milk
100% Fruit Juice
Fresh Fruit

26
Choose 1
Egg McAkron w/ Bacon
or
Cereal (1 or 2)

Choices
Milk
100% Fruit Juice
Fresh Fruit

27
Choose 1
Breakfast Pizza
or
Cereal (1 or 2)

Choices
Milk
100% Fruit Juice
Fresh Fruit

28
Choose 1
Warm Cinni Minis
or
Cereal (1 or 2)

Choices
Milk
100% Fruit Juice
Fresh Fruit

A La Carte Breakfast Items May Be Purchased Individually

The 2010 Dietary Guidelines For Americans recommend that at least half of your grains are whole. For most people, that translates into at least 48 grams daily.



**USDA is an equal
opportunity employer.**

**Q: If April showers bring
May flowers, what do May
flowers bring?
A: Pilgrims!**

**Q: What do you do if your
dog chews a dictionary?
A: Take the words out of his
mouth!**

**Q: Why do fish live in salt
water?
A: Because pepper makes
them sneeze!**

**Q: What do you call lending
money to a bison?
A: A buff-a-loan**